

# International Association for Ultra Multievents (IAUM)

Indoor

Updated by MS : 18.10.2017

## Events (day 1)




## - TETRADECATHLON -

## Events (day 2)

- 1, **60 m**
- 2, **Long Jump**
- 3, **800 m**
- 4, **Shot Put** (4 kg)
- 5, **400 m**
- 6, **High Jump**
- 7, **3 000 m**

**AREA RECORDS**

- 8, **60 m Hurdles** (84,0 cm)
- 9, **Pole Vault**
- 10, **1 000 m** (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

<b>WOMEN</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
<b>World Record</b>	7 929	Schott Maren	11.02.1976	W 40	GER		09-10.04.2016	Helsinki FIN
1, <b>Africa</b>		Vacant						
2, <b>America</b>		Vacant						
3, <b>Asia</b>	1 909	Amini Yalda	08.07.1999	U 20	AFG		08-09.04.2017	Helsinki FIN
4, <b>Europe</b>	7 929	Schott Maren	11.02.1976	W 40	GER		09-10.04.2016	Helsinki FIN
5, <b>Oceania</b>		Vacant						