

# International Association for Ultra Multievents (IAUM)

Indoor

Updated by JvL : 9.8.2012

## Categories

## - TETRADECATHLON -

## Official Order of Events

- 1, **MEN Under 14**
- 2, **MEN Under 16**
- 3, **MEN Under 18**
- 4, **MEN Under 20**
- 5, **MEN Under 23**
- 6, **MEN**
- 7, **MEN More 35**
- 8, **MEN More 40**
- 9, **MEN More 45**
- 10, **MEN More 50**
- 11, **MEN More 55**
- 12, **MEN More 60**
- 13, **MEN More 65**
- 14, **MEN More 70**
- 15, **MEN More 75**
- 16, **MEN More 80**
- 17, **MEN More 85**
- 18, **MEN More 90**
- 19, **MEN More 95**
- 20, **MEN More 100**

Records of

**AUSTRIA**

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'**
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'**
- 9, **Pole Vault'**  
1 000 m' (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw**
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

**Tetradecathlon**

1, <b>MEN Under 14 (U 14)</b>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
-------------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**  
1 000 m' (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

Heptathlon' One-Day

**Tetradecathlon**

Tetradecathlon One-Day

<u>2, MEN Under 16 (U 16)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
-------------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---


















<u>3, MEN Under 18 (U 18)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
-------------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------


















- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---



6, <b>MEN</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
1, <b>60 m'</b>	7,87	Felix Plasser	10.10.1984	MEN	AUT		14.04.2012	Helsinki FIN
2, <b>Long Jump'</b>	5,49	Felix Plasser	10.10.1984	MEN	AUT		14.04.2012	Helsinki FIN
3, <b>800 m</b>	2.12,66	Felix Plasser	10.10.1984	MEN	AUT		14.04.2012	Helsinki FIN
4, <b>Shot Put'</b> (7,26 kg)	9,25	Felix Plasser	10.10.1984	MEN	AUT		14.04.2012	Helsinki FIN
5, <b>400 m</b>	55,58	Felix Plasser	10.10.1984	MEN	AUT		14.04.2012	Helsinki FIN
6, <b>High Jump'</b>	1,67	Felix Plasser	10.10.1984	MEN	AUT		14.04.2012	Helsinki FIN
7, <b>3 000 m</b>	10:35.90 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		29.03.2007	Vienna AUT
8, <b>60 m Hurdles'</b> (106,7 cm)	10.86	Lehner Robert	13.03.1970	M 40	AUT		11.04.2010	Helsinki FIN
9, <b>Pole Vault'</b>	3,20	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
1 000 m' ( <i>during 1 500 m</i> )	3:19.30 <i>h</i>	Lehner Robert	13.03.1970	M 40	AUT		11.04.2010	Helsinki FIN
10, <b>1 500 m</b>	4:53.60 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
11, <b>Weight Throw</b> (15,88 kg)	7,30	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
12, <b>200 m</b>	24,98	Felix Plasser	10.10.1984	MEN	AUT		15.04.2012	Helsinki FIN
13, <b>Triple Jump</b>	11,15	Holecek Florian	16.07.1989	U 20	AUT		30.03.2007	Vienna AUT
14, <b>5 000 m</b>	18:32.10 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
<b>Heptathlon'</b>	2 884 <i>ph</i>	Felix Plasser	10.10.1984	MEN	AUT		14-15-4-2012	Helsinki FIN
Heptathlon' One-Day		Vacant						
<b>Tetradecathlon</b>	6 237 <i>ph</i>	Felix Plasser	10.10.1984	MEN	AUT		14-15-04-2012	Helsinki FIN
Tetradecathlon One-Day		Vacant						

7, <b>MEN More 35 (M 35)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
1, <b>60 m'</b>	8,25	Lehner Robert	13.03.1970	M 40	AUT		10.04.2010	Helsinki FIN
2, <b>Long Jump'</b>	5,32	Lehner Robert	13.03.1970	M 40	AUT		10.04.2010	Helsinki FIN
3, <b>800 m</b>	2:15.90	Lehner Robert	13.03.1970	M 40	AUT		10.04.2010	Helsinki FIN
4, <b>Shot Put'</b> (7,26 kg)	7,70	Lehner Robert	13.03.1970	M 40	AUT		10.04.2010	Helsinki FIN
5, <b>400 m</b>	59,32	Lehner Robert	13.03.1970	M 40	AUT		10.04.2010	Helsinki FIN
6, <b>High Jump'</b>	1,51	Waldl Helmut	12.09.1964	M 40	AUT		29.03.2007	Vienna AUT
7, <b>3 000 m</b>	10:35.90 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		29.03.2007	Vienna AUT
8, <b>60 m Hurdles'</b> (106,7 cm)	10.86	Lehner Robert	13.03.1970	M 40	AUT		11.04.2010	Helsinki FIN
<b>60 m Hurdles'</b> (99,1 cm)		Vacant						
9, <b>Pole Vault'</b>	3,20	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
1 000 m' ( <i>during 1 500 m</i> )	3:19.30 <i>h</i>	Lehner Robert	13.03.1970	M 40	AUT		11.04.2010	Helsinki FIN
10, <b>1 500 m</b>	4:53.60 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
11, <b>Weight Throw</b> (15,88 kg)	7,30	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
12, <b>200 m</b>	27,23	Lehner Robert	13.03.1970	M 40	AUT		11.04.2010	Helsinki FIN
13, <b>Triple Jump</b>	11,09	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
14, <b>5 000 m</b>	18:32.10 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		30.03.2007	Vienna AUT
<b>Heptathlon'</b>	3 060 <i>ph</i>	Lehner Robert	13.03.1970	M 40	AUT		10-11.04.2010	Helsinki FIN
Heptathlon' One-Day		Vacant						
<b>Tetradecathlon</b>	6 377 <i>h</i>	Waldl Helmut	12.09.1964	M 40	AUT		29-30.03.2007	Vienna AUT
Tetradecathlon One-Day		Vacant						



10,	<b>MEN More 50 (M 50)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-----	---------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (6 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---

11,	<b>MEN More 55 (M 55)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-----	---------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (6 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---

12,	<b>MEN More 60 (M 60)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-----	---------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---

13,	<b>MEN More 65 (M 65)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-----	---------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---

14, <b>MEN More 70 (M 70)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-------------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---

15, <b>MEN More 75 (M 75)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-------------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---



16,	<b>MEN More 80 (M 80)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-----	---------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---

17,	<b>MEN More 85 (M 85)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
-----	---------------------------	-------------	----------------	------------	------------	------------	------------	-------------	--------------

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
---