

# International Association for Ultra Multievents (IAUM)

Indoor

Updated by MS : 10.01.2018

## Categories

## - TETRADECATHLON -

## Official Order of Events

Records of

**ESTONIA**

- 1, **MEN Under 14**
- 2, **MEN Under 16**
- 3, **MEN Under 18**
- 4, **MEN Under 20**
- 5, **MEN Under 23**
- 6, **MEN**
- 7, **MEN More 35**
- 8, **MEN More 40**
- 9, **MEN More 45**
- 10, **MEN More 50**
- 11, **MEN More 55**
- 12, **MEN More 60**
- 13, **MEN More 65**
- 14, **MEN More 70**
- 15, **MEN More 75**
- 16, **MEN More 80**
- 17, **MEN More 85**
- 18, **MEN More 90**
- 19, **MEN More 95**
- 20, **MEN More 100**

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'**
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'**
- 9, **Pole Vault'**  
1 000 m' (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw**
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

**Tetradecathlon**

1, <b>MEN Under 14 (U 14)</b>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**  
1 000 m' (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

Heptathlon' One-Day

**Tetradecathlon**

Tetradecathlon One-Day

2, <u>MEN Under 16 (U 16)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

Heptathlon' One-Day

**Tetradecathlon**

Tetradecathlon One-Day

3, <u>MEN Under 18 (U 18)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

Heptathlon' One-Day

**Tetradecathlon**

Tetradecathlon One-Day

4, <b>MEN Under 20 (U 20)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (6 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (99,1 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**

Heptathlon' One-Day

**Tetradecathlon**

Tetradecathlon One-Day

5, <b>MEN Under 23 (U 23)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (7,26 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (106,7 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (15,88 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**





















**Heptathlon'**

Heptathlon' One-Day

**Tetradecathlon**

Tetradecathlon One-Day

6, <b>MEN</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
1, <b>60 m'</b>	7,82	Tiits Arlo	31.08.1977	MEN	EST		10.04.2010	Helsinki FIN
2, <b>Long Jump'</b>	5,45	Tiits Arlo	31.08.1977	MEN	EST		10.04.2010	Helsinki FIN
3, <b>800 m</b>	2:21.73	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
4, <b>Shot Put'</b> (7,26 kg)	11,09	Peterson Kaido	02.05.1971	M 40	EST		06.04.2013	Helsinki FIN
5, <b>400 m</b>	58,39	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
6, <b>High Jump'</b>	1,66	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
7, <b>3 000 m</b>	11:08.88	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
8, <b>60 m Hurdles'</b> (106,7 cm)	10,34	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
9, <b>Pole Vault'</b>	3,60	Peterson Kaido	02.05.1971	M 40	EST		06.04.2013	Helsinki FIN
1 000 m' (during 1 500 m)	3:16.00 <i>h</i>	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
10, <b>1 500 m</b>	4:50.42	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
11, <b>Weight Throw</b> (15,88 kg)	9,08	Peterson Kaido	02.05.1971	M 40	EST		07.04.2013	Helsinki FIN
12, <b>200 m</b>	25,96	Tiits Arlo	31.08.1977	MEN	EST		11.04.2010	Helsinki FIN
13, <b>Triple Jump</b>	11,19	Tiits Arlo	31.08.1977	MEN	EST		11.04.2010	Helsinki FIN
14, <b>5 000 m</b>	19:59.22	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
<b>Heptathlon'</b>	3 275 <i>ph</i>	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
Heptathlon' One-Day	3 275 <i>ph</i>	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
<b>Tetradecathlon</b>	6 433	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
Tetradecathlon One-Day	6 433	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN

7, <b>MEN More 35 (M 35)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
1, <b>60 m'</b>	8,27	Peterson Kaido	02.05.1971	M 40	EST		06.04.2013	Helsinki FIN
2, <b>Long Jump'</b>	5,29	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
3, <b>800 m</b>	2:21.73	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
4, <b>Shot Put'</b> (7,26 kg)	11,09	Peterson Kaido	02.05.1971	M 40	EST		06.04.2013	Helsinki FIN
5, <b>400 m</b>	58,39	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
6, <b>High Jump'</b>	1,66	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
7, <b>3 000 m</b>	11:08.88	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
8, <b>60 m Hurdles'</b> (106,7 cm)	10,34	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
<b>60 m Hurdles'</b> (99,1 cm)	10,38	Peterson Kaido	02.05.1971	M 40	EST		07.04.2013	Helsinki FIN
9, <b>Pole Vault'</b>	3,60	Peterson Kaido	02.05.1971	M 40	EST		07.04.2013	Helsinki FIN
1 000 m' (during 1 500 m)	3:16.00 <i>h</i>	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
10, <b>1 500 m</b>	4:50.42	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
11, <b>Weight Throw</b> (15,88 kg)	9,08	Peterson Kaido	02.05.1971	M 40	EST		07.04.2013	Helsinki FIN
12, <b>200 m</b>	26,77	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
13, <b>Triple Jump</b>	10,99	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
14, <b>5 000 m</b>	19:59.22	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
<b>Heptathlon'</b>	3 517 <i>ph</i>	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
Heptathlon' One-Day	3 517 <i>ph</i>	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
<b>Tetradecathlon</b>	6 906	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN
Tetradecathlon One-Day	6 906	Kraubner Heiko	28.02.1970	M 35	EST		30.03.2008	Helsinki FIN







14, <b>MEN More 70 (M 70)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
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15, <b>MEN More 75 (M 75)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
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16,	<b>MEN More 80 (M 80)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
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17,	<b>MEN More 85 (M 85)</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**  
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

**Heptathlon'**  
Heptathlon' One-Day

<b>Tetradecathlon</b> Tetradecathlon One-Day
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