

International Association for Ultra Multievents (IAUM)

Indoor

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Categories

- TETRADECATHLON -

Official Order of Events

Records of

POLAND

- 1, **MEN Under 14**
- 2, **MEN Under 16**
- 3, **MEN Under 18**
- 4, **MEN Under 20**
- 5, **MEN Under 23**
- 6, **MEN**
- 7, **MEN More 35**
- 8, **MEN More 40**
- 9, **MEN More 45**
- 10, **MEN More 50**
- 11, **MEN More 55**
- 12, **MEN More 60**
- 13, **MEN More 65**
- 14, **MEN More 70**
- 15, **MEN More 75**
- 16, **MEN More 80**
- 17, **MEN More 85**
- 18, **MEN More 90**
- 19, **MEN More 95**
- 20, **MEN More 100**

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'**
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'**
- 9, **Pole Vault'**
1 000 m' (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw**
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Tetradecathlon

1, MEN Under 14 (U 14)	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (during 1 500 m)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

2, MEN Under 16 (U 16)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

3, MEN Under 18 (U 18)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

4, <u>MEN Under 20 (U 20)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (6 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (99,1 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

5, <u>MEN Under 23 (U 23)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (7,26 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (106,7 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (15,88 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

8, MEN More 40 (M 40)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (7,26 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (99,1 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (15,88 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

9, MEN More 45 (M 45)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (7,26 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (99,1 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (15,88 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

10,	MEN More 50 (M 50)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (6 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

11,	MEN More 55 (M 55)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (6 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (91,4 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (11,34 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

12,	MEN More 60 (M 60)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

13,	MEN More 65 (M 65)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (5 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

14,	MEN More 70 (M 70)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

15,	MEN More 75 (M 75)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

16,	MEN More 80 (M 80)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

17,	MEN More 85 (M 85)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day
