

International Association for Ultra Multievents (IAUM)

Indoor

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Categories

- TETRADECATHLON -

Official Order of Events

Records of

FINLAND

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- 5, **WOMEN Under 23**
- 6, **WOMEN**
- 7, **WOMEN More 35**
- 8, **WOMEN More 40**
- 9, **WOMEN More 45**
- 10, **WOMEN More 50**
- 11, **WOMEN More 55**
- 12, **WOMEN More 60**
- 13, **WOMEN More 65**
- 14, **WOMEN More 70**
- 15, **WOMEN More 75**
- 16, **WOMEN More 80**
- 17, **WOMEN More 85**
- 18, **WOMEN More 90**
- 19, **WOMEN More 95**
- 20, **WOMEN More 100**

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'**
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'**
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw**
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Tetradecathlon

1, WOMEN Under 14 (U 14)	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'




















Heptathlon' One-Day




















Tetradecathlon

Tetradecathlon One-Day

2.	WOMEN Under 16 (U 16)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1,	60 m'	9,18	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
2,	Long Jump'	3,87	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
3,	800 m	2:49,66	Jaakkola Jolana	06.03.1998	U 16	FIN	+	06.04.2013	Helsinki FIN
4,	Shot Put' (3 kg)	6,72	Jaakkola Jolana	06.03.1998	U 16	FIN	+	06.04.2013	Helsinki FIN
5,	400 m	72,33	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
6,	High Jump'	1,19	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
7,	3 000 m	13:07,88	Jaakkola Jolana	06.03.1998	U 16	FIN	+	06.04.2013	Helsinki FIN
8,	60 m Hurdles' (76,2 cm)	11,91	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
9,	Pole Vault'	1,40	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
	1 000 m' (<i>during 1 500 m</i>)	4:00,5 h	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
10,	1 500 m	5:57,42	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
11,	Weight Throw (7,26 kg)	5,24	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
12,	200 m	33,39	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
13,	Triple Jump	7,76	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
14,	5 000 m	24:37,31	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
	Heptathlon'	2 255	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
	Heptathlon' One-Day								
Tetradecathlon 4 423 Jaakkola Jolana 06.03.1998 U 16 FIN + 41371 Helsinki FIN Tetradecathlon One-Day									

3.	WOMEN Under 18 (U 18)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1,	60 m'	8,90	Laura Mantyla	08.12.1995	U 18	FIN	+	14.04.2012	Helsinki FIN
2,	Long Jump'	4.72	Helander Matleena	28.04.1992	U 18	FIN	+	22.03.2009	Helsinki FIN
3,	800 m	2:44.50	Laura Mantyla	08.12.1995	U 18	FIN	+	14.04.2012	Helsinki FIN
4,	Shot Put' (3 kg) ≥ 2012	6,72	Jaakkola Jolana	06.03.1998	U 16	FIN	+	06.04.2013	Helsinki FIN
	Shot Put' (4 kg) ≤ 2011	9.06	Helander Matleena	28.04.1992	U 18	FIN	+	30.03.2008	Helsinki FIN
5,	400 m	65,09	Laura Mantyla	08.12.1995	U 18	FIN	+	14.04.2012	Helsinki FIN
6,	High Jump'	1.33	Helander Matleena	28.04.1992	U 18	FIN	+	30.03.2008	Helsinki FIN
7,	3 000 m	12:48,91	Jaakkola Jolana	06.03.1998	U 18	FIN	+	12.04.2014	Helsinki FIN
8,	60 m Hurdles' (76,2 cm)	10.34	Helander Matleena	28.04.1992	U 18	FIN	+	22.03.2009	Helsinki FIN
9,	Pole Vault'	2,00	Alanko Pauliina	11.04.1997	U 18	FIN	+	07.04.2013	Helsinki FIN
	1 000 m' (<i>during 1 500 m</i>)	4:00,2 h	Jaakkola Jolana	06.03.1998	U 18	FIN	+	13.04.2014	Helsinki FIN
10,	1 500 m	5:57,42	Jaakkola Jolana	06.03.1998	U 16	FIN	+	07.04.2013	Helsinki FIN
11,	Weight Throw (7,26 kg) ≥ 2012	5,88	Jaakkola Jolana	06.03.1998	U 18	FIN	+	13.04.2014	Helsinki FIN
	Weight Throw (9,06 kg) ≤ 2011	7.94	Helander Matleena	28.04.1992	U 18	FIN	+	22.03.2009	Helsinki FIN
12,	200 m	29,46	Laura Mantyla	08.12.1995	U 18	FIN	+	15.04.2012	Helsinki FIN
13,	Triple Jump	10.25	Helander Matleena	28.04.1992	U 18	FIN	+	30.03.2008	Helsinki FIN
14,	5 000 m	23:29,64	Jaakkola Jolana	06.03.1998	U 18	FIN	+	13.04.2014	Helsinki FIN
	Heptathlon'	2 871 <i>ph</i>	Helander Matleena	28.04.1992	U 18	FIN	+	22.03.2009	Helsinki FIN
	Heptathlon' One-Day	2 871 <i>ph</i>	Helander Matleena	28.04.1992	U 18	FIN	+	22.03.2009	Helsinki FIN
Tetradecathlon 5 474 Laura Mäntylä 08.12.1995 U 18 FIN + 14-15-4-2012 Helsinki FIN Tetradecathlon One-Day 5 161 Helander Matleena 28.04.1992 U 18 FIN + 22.03.2009 Helsinki FIN									

4.	WOMEN Under 20 (U 20)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1,	60 m'	8,90	Laura Mantyla	08.12.1995	U 18	FIN		14.04.2012	Helsinki FIN
2,	Long Jump'	4.72	Helander Matleena	28.04.1992	U 18	FIN		22.03.2009	Helsinki FIN
3,	800 m	2:34.84	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
4,	Shot Put' (4 kg)	9,23	Helander Matleena	28.04.1992	U 20	FIN		09.04.2011	Helsinki FIN
5,	400 m	65,09	Laura Mantyla	08.12.1995	U 18	FIN		14.04.2012	Helsinki FIN
6,	High Jump'	1.35	Helander Matleena	28.04.1992	U 20	FIN		10.04.2010	Helsinki FIN
7,	3 000 m	11:30.10 <i>h</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
8,	60 m Hurdles' (84,0 cm)	10.58	Helander Matleena	28.04.1992	U 20	FIN		10.04.2011	Helsinki FIN
9,	Pole Vault'	2,00	Alanko Pauliina	11.04.1997	U 18	FIN		07.04.2013	Helsinki FIN
	1 000 m' (<i>during 1 500 m</i>)	3:34.00	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
10,	1 500 m	5:25.00 <i>h</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
11,	Weight Throw (9,08 kg)	7.94	Helander Matleena	28.04.1992	U 18	FIN		22.03.2009	Helsinki FIN
12,	200 m	29,46	Laura Mantyla	08.12.1995	U 18	FIN		15.04.2012	Helsinki FIN
13,	Triple Jump	10.25	Helander Matleena	28.04.1992	U 18	FIN		30.03.2008	Helsinki FIN
14,	5 000 m	19:56.90 <i>h</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
	Heptathlon'	2 400 <i>ph</i>	Helander Matleena	28.04.1992	U 20	FIN		10-11.04.2010	Helsinki FIN
	Heptathlon' One-Day	2 174	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
	Tetradecathlon	5 269 <i>ph</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
	Tetradecathlon One-Day	5 269 <i>ph</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN

5.	WOMEN Under 23 (U 23)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1,	60 m'	8,90	Laura Mantyla	08.12.1995	U 18	FIN		14.04.2012	Helsinki FIN
2,	Long Jump'	4.72	Helander Matleena	28.04.1992	U 18	FIN		22.03.2009	Helsinki FIN
3,	800 m	2:34.84	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
4,	Shot Put' (4 kg)	9,23	Helander Matleena	28.04.1992	U 20	FIN		09.04.2011	Helsinki FIN
5,	400 m	65,09	Laura Mantyla	08.12.1995	U 18	FIN		14.04.2012	Helsinki FIN
6,	High Jump'	1,39	Helander Matleena	28.04.1992	U 23	FIN		12.04.2014	Helsinki FIN
7,	3 000 m	11:30.10 <i>h</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
8,	60 m Hurdles' (84,0 cm)	10.58	Helander Matleena	28.04.1992	U 20	FIN		10.04.2011	Helsinki FIN
9,	Pole Vault'	2,00	Alanko Pauliina	11.04.1997	U 18	FIN		07.04.2013	Helsinki FIN
	1 000 m' (<i>during 1 500 m</i>)	3:34.00	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
10,	1 500 m	5:25.00 <i>h</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
11,	Weight Throw (9,08 kg)	9,65	Helander Matleena	28.04.1992	U 23	FIN		07.04.2013	Helsinki FIN
12,	200 m	29,46	Laura Mantyla	08.12.1995	U 18	FIN		15.04.2012	Helsinki FIN
13,	Triple Jump	10.25	Helander Matleena	28.04.1992	U 18	FIN		30.03.2008	Helsinki FIN
14,	5 000 m	19:56.90 <i>h</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
	Heptathlon'	2 815 <i>ph</i>	Helander Matleena	28.04.1992	U 20	FIN		06-07.04.2013	Helsinki FIN
	Heptathlon' One-Day	2 174 <i>ph</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN
	Tetradecathlon	5 510 <i>ph</i>	Helander Matleena	28.04.1992	U 23	FIN		06-07.04.2013	Helsinki FIN
	Tetradecathlon One-Day	5 269 <i>ph</i>	Karrila Anna	24.01.1988	U 20	FIN		01.04.2007	Helsinki FIN

8, WOMEN More 40 (W 40)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

9, WOMEN More 45 (W 45)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

10, WOMEN More 50 (W 50)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

11, WOMEN More 55 (W 55)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

12, WOMEN More 60 (W 60)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

13, WOMEN More 65 (W 65)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

14, WOMEN More 70 (W 70)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

15, WOMEN More 75 (W 75)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

16, WOMEN More 80 (W 80)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

17, WOMEN More 85 (W 85)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day
