

International Association for Ultra Multievents (IAUM)

Indoor

Updated by MS : 26.05.2014

Categories

- TETRADECATHLON -

Official Order of Events

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- 2, **WOMEN Under 16**
- 3, **WOMEN Under 18**
- 4, **WOMEN Under 20**
- 5, **WOMEN Under 23**
- 6, **WOMEN**
- 7, **WOMEN More 35**
- 8, **WOMEN More 40**
- 9, **WOMEN More 45**
- 10, **WOMEN More 50**
- 11, **WOMEN More 55**
- 12, **WOMEN More 60**
- 13, **WOMEN More 65**
- 14, **WOMEN More 70**
- 15, **WOMEN More 75**
- 16, **WOMEN More 80**
- 17, **WOMEN More 85**
- 18, **WOMEN More 90**
- 19, **WOMEN More 95**
- 20, **WOMEN More 100**

Records of

NETHERLANDS

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'**
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'**
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw**
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Tetradecathlon

<u>1, WOMEN Under 14 (U 14)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

2,	WOMEN Under 16 (U 16)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day


















Tetradecathlon Tetradecathlon One-Day


















3,	WOMEN Under 18 (U 18)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg) ≥ 2012
Shot Put' (4 kg) ≤ 2011
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg) ≥ 2012
Weight Throw (9,06 kg) ≤ 2011
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

4, WOMEN Under 20 (U 20)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1, 60 m'	9,44	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
2, Long Jump'	4,27	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
3, 800 m	2:48,50	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
4, Shot Put' (4 kg)	7,97	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
5, 400 m	73,01	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
6, High Jump'	1,57	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
7, 3 000 m	14:09,98	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
8, 60 m Hurdles' (84,0 cm)	11,41	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
9, Pole Vault'	1,85	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
1 000 m' (during 1 500 m)	4:08,4	<i>h</i> van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
10, 1 500 m	6:13,09	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
11, Weight Throw (9,08 kg)	9,63	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
12, 200 m	32,48	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
13, Triple Jump	9,32	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
14, 5 000 m	24:53,67	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
Heptathlon' Heptathlon' One-Day	2 907	<i>ph</i> van Manen Lisanne	05.01.1995	U 20	NED		12-13.04.2014	Helsinki FIN
Tetradecathlon Tetradecathlon One-Day	5 381	van Manen Lisanne	05.01.1995	U 20	NED		12-13.04.2014	Helsinki FIN

5, WOMEN Under 23 (U 23)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1, 60 m'	9,44	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
2, Long Jump'	4,27	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
3, 800 m	2:48,50	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
4, Shot Put' (4 kg)	7,97	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
5, 400 m	73,01	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
6, High Jump'	1,57	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
7, 3 000 m	14:09,98	van Manen Lisanne	05.01.1995	U 20	NED		12.04.2014	Helsinki FIN
8, 60 m Hurdles' (84,0 cm)	11,41	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
9, Pole Vault'	1,85	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
1 000 m' (during 1 500 m)	4:08,4	<i>h</i> van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
10, 1 500 m	6:13,09	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
11, Weight Throw (9,08 kg)	9,63	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
12, 200 m	32,48	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
13, Triple Jump	9,32	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
14, 5 000 m	24:53,67	van Manen Lisanne	05.01.1995	U 20	NED		13.04.2014	Helsinki FIN
Heptathlon' Heptathlon' One-Day	2 907	<i>ph</i> van Manen Lisanne	05.01.1995	U 20	NED		12-13.04.2014	Helsinki FIN
Tetradecathlon Tetradecathlon One-Day	5 381	van Manen Lisanne	05.01.1995	U 20	NED		12-13.04.2014	Helsinki FIN

8, WOMEN More 40 (W 40)	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

9, WOMEN More 45 (W 45)	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

<u>10, WOMEN More 50 (W 50)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

<u>11, WOMEN More 55 (W 55)</u>	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

12, WOMEN More 60 (W 60)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

13, WOMEN More 65 (W 65)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

14, WOMEN More 70 (W 70)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

15, WOMEN More 75 (W 75)	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

Tetradecathlon Tetradecathlon One-Day

16, WOMEN More 80 (W 80)	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

17, WOMEN More 85 (W 85)	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day