

International Association for Ultra Multievents (IAUM)

Indoor

Updated by MS : 26.10.2017

Categories

- TETRADECATHLON -

Official Order of Events

- 1, **WOMEN Under 14**
- 2, **WOMEN Under 16**
- 3, **WOMEN Under 18**
- 4, **WOMEN Under 20**
- 5, **WOMEN Under 23**
- 6, **WOMEN**
- 7, **WOMEN More 35**
- 8, **WOMEN More 40**
- 9, **WOMEN More 45**
- 10, **WOMEN More 50**
- 11, **WOMEN More 55**
- 12, **WOMEN More 60**
- 13, **WOMEN More 65**
- 14, **WOMEN More 70**
- 15, **WOMEN More 75**
- 16, **WOMEN More 80**
- 17, **WOMEN More 85**
- 18, **WOMEN More 90**
- 19, **WOMEN More 95**
- 20, **WOMEN More 100**

Records of

SWEDEN

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'**
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'**
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw**
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Tetradecathlon

| <u>1, WOMEN Under 14 (U 14)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

| 2, | WOMEN Under 16 (U 16) | Perf | Athlete | DoB | Ctg | Nat | Flg | Date | Venue |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| 3, | WOMEN Under 18 (U 18) | Perf | Athlete | DoB | Ctg | Nat | Flg | Date | Venue |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg) ≥ 2012
Shot Put' (4 kg) ≤ 2011
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg) ≥ 2012
Weight Throw (9,06 kg) ≤ 2011
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| <u>4, WOMEN Under 20 (U 20)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

| <u>5, WOMEN Under 23 (U 23)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (84,0 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**


















Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

| 6, WOMEN | Perf | Athlete | DoB | Ctg | Nat | Flg | Date | Venue |
|---|-------------|-----------------|------------|------------|------------|---|---------------|--------------|
| 1, 60 m' | 8,49 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 2, Long Jump' | 4,93 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 3, 800 m | 2:33,72 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 4, Shot Put' (4 kg) | 8,73 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 5, 400 m | 64,22 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 6, High Jump' | 1,39 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 7, 3 000 m | 12:27,69 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 8, 60 m Hurdles' (84,0 cm) | 10,38 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 9, Pole Vault' | 2,10 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 1 000 m' (during 1 500 m) | 3:47,0 h | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 10, 1 500 m | 5:36,14 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 11, Weight Throw (9,08 kg) | 6,57 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 12, 200 m | 28,24 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 13, Triple Jump | 10,67 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 14, 5 000 m | 21:51,67 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| Heptathlon' Heptathlon' One-Day | 3 547 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08-09.04.2017 | Helsinki FIN |
| Tetradecathlon Tetradecathlon One-Day | 7 276 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08-09.04.2017 | Helsinki FIN |

| 7, WOMEN More 35 (W 35) | Perf | Athlete | DoB | Ctg | Nat | Flg | Date | Venue |
|---|-------------|-----------------|------------|------------|------------|---|---------------|--------------|
| 1, 60 m' | 8,49 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 2, Long Jump' | 4,93 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 3, 800 m | 2:33,72 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 4, Shot Put' (4 kg) | 8,73 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 5, 400 m | 64,22 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 6, High Jump' | 1,39 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 7, 3 000 m | 12:27,69 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08.04.2017 | Helsinki FIN |
| 8, 60 m Hurdles' (84,0 cm) | 10,38 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 9, Pole Vault' | 2,10 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 1 000 m' (during 1 500 m) | 3:47,0 h | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 10, 1 500 m | 5:36,14 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 11, Weight Throw (9,08 kg) | 6,57 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 12, 200 m | 28,24 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 13, Triple Jump | 10,67 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| 14, 5 000 m | 21:51,67 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 09.04.2017 | Helsinki FIN |
| Heptathlon' Heptathlon' One-Day | 3 864 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08-09.04.2017 | Helsinki FIN |
| Tetradecathlon Tetradecathlon One-Day | 7 769 | Holmström Linda | 15.06.1979 | W 35 | SWE |  | 08-09.04.2017 | Helsinki FIN |

| 8, WOMEN More 40 (W 40) | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| 9, WOMEN More 45 (W 45) | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (4 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (9,08 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| <u>10, WOMEN More 50 (W 50)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| <u>11, WOMEN More 55 (W 55)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (76,2 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (7,26 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| <u>12, WOMEN More 60 (W 60)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|
|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| <u>13, WOMEN More 65 (W 65)</u> | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|
|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| 14, WOMEN More 70 (W 70) | Perf | Athlete | DoB | Ctg | Nat | Flg | Date | Venue |
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|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|

- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

| 15, WOMEN More 75 (W 75) | Perf | Athlete | DoB | Ctg | Nat | Flg | Date | Venue |
|---------------------------------|-------------|----------------|------------|------------|------------|------------|-------------|--------------|
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'

Heptathlon' One-Day

Tetradecathlon

Tetradecathlon One-Day

| 16, WOMEN More 80 (W 80) | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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| 17, WOMEN More 85 (W 85) | <u>Perf</u> | <u>Athlete</u> | <u>DoB</u> | <u>Ctg</u> | <u>Nat</u> | <u>Flg</u> | <u>Date</u> | <u>Venue</u> |
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- 1, **60 m'**
- 2, **Long Jump'**
- 3, **800 m**
- 4, **Shot Put'** (3 kg)
- 5, **400 m**
- 6, **High Jump'**
- 7, **3 000 m**
- 8, **60 m Hurdles'** (68,6 cm)
- 9, **Pole Vault'**
1 000 m' (*during 1 500 m*)
- 10, **1 500 m**
- 11, **Weight Throw** (5,45 kg)
- 12, **200 m**
- 13, **Triple Jump**
- 14, **5 000 m**

Heptathlon'
Heptathlon' One-Day

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| Tetradecathlon Tetradecathlon One-Day |
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