

International Association for Ultra Multievents (IAUM)

Outdoor

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Categories

- ICOSATHLON -

Official Order of Events

- 1, MEN Under 14
- 2, MEN Under 16
- 3, MEN Under 18
- 4, MEN Under 20
- 5, MEN Under 23
- 6, MEN
- 7, MEN More 35
- 8, MEN More 40
- 9, MEN More 45
- 10, MEN More 50
- 11, MEN More 55
- 12, MEN More 60
- 13, MEN More 65
- 14, MEN More 70
- 15, MEN More 75
- 16, MEN More 80
- 17, MEN More 85
- 18, MEN More 90
- 19, MEN More 95
- 20, MEN More 100

Records of



- 1, 100 m'
- 2, Long Jump'
- 3, 200 m Hurdles
- 4, Shot Put'
- 5, 5 000 m
- 6, 800 m
- 7, High Jump'
- 8, 400 m'
- 9, Hammer Throw
- 10, 3 000 m Steeplechase
- 11, 110 m Hurdles'
- 12, Discus Throw'
- 13, 200 m
- 14, Pole Vault'
- 15, 3 000 m
- 16, 400 m Hurdles
- 17, Javelin Throw'
- 18, 1 500 m'
- 19, Triple Jump
- 20, 10 000 m

Decathlon'

Icosathlon

6, MEN	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1, 100 m'	11,08 ^{+2,8}	Folkles James	24.08.1988	MEN	GBR		24.08.2013	Yeovil GBR
	11,21	Ojastu Aivar	21.09.1961	MEN	EST		09.09.1989	Helsinki FIN
2, Long Jump'	7,02	Rohloff Kai	29.07.1972	MEN	GER		07.09.1996	Punkalaidun FIN
3, 200 m Hurdles (76,2 cm)	24,01	Schürmann Adrian	03.02.1982	MEN	GER		29.07.2006	Scheessel GER
4, Shot Put' (7,26 kg)	15,55	Brauer Päärn	21.11.1982	U 23	EST		04.10.2003	Sankt Pölten AUT
5, 5 000 m	15:09.32	Syrjälä Teppo	08.10.1975	MEN	FIN		05.09.1998	Punkalaidun FIN
6, 800 m	1:56.17	Ojastu Aivar	21.09.1961	MEN	EST		09.09.1989	Helsinki FIN
7, High Jump'	2,01	Bába Jaroslav	02.09.1984	MEN	CZE		11.10.2008	Ostrava CZE
8, 400 m'	47,93	Ojastu Aivar	21.09.1961	MEN	EST		09.09.1989	Helsinki FIN
9, Hammer Throw (7,26 kg)	46.60	Hommik Aivar	15.05.1966	MEN	EST		09.09.1995	Punkalaidun FIN
10, 3 000 m Steeplech. (91,4 cm)	9:29.49	Syrjälä Teppo	08.10.1975	U 23	FIN		06.09.1997	Punkalaidun FIN
11, 110 m Hurdles' (106,7 cm)	14,96	Kaseorg Indrek	16.12.1967	MEN	EST		23.09.1990	Espoo FIN
12, Discus Throw' (2 kg)	44.80	Reintak Sven	17.06.1963	MEN	EST		13.09.1992	Punkalaidun FIN
13, 200 m	22,01	Ojastu Aivar	21.09.1961	MEN	EST		10.09.1989	Helsinki FIN
14, Pole Vault'	4.80	Hommik Aivar	15.05.1966	MEN	EST		10.09.1995	Punkalaidun FIN
15, 3 000 m	8:48.83	Syrjälä Teppo	08.10.1975	U 23	FIN		07.09.1997	Punkalaidun FIN
16, 400 m Hurdles (91,4 cm)	53,29	Schürmann Adrian	03.02.1982	MEN	GER		30.07.2006	Scheessel GER
17, Javelin Throw' (800 g) ≥ 1986	66.50	Suomalainen Timo	24.01.1962	MEN	FIN		13.09.1987	Espoo FIN
Javelin Throw' (800 g) ≤ 1985	70.70	Suomalainen Timo	24.01.1962	MEN	FIN		22.09.1985	Helsinki FIN
18, 1 500 m'	4:06.80 ^h	Soucek František	00.00.1972	U 23	CZE		16.10.1993	Ostrava CZE
19, Triple Jump	14,46	Kaseorg Indrek	16.12.1967	MEN	EST		22.09.1991	Punkalaidun FIN
20, 10 000 m	33:06.25	Kero Jaakko	03.09.1972	MEN	FIN		10.09.1995	Punkalaidun FIN
Decathlon'	7 187	Kaseorg Indrek	16.12.1967	MEN	EST		12-13.09.1992	Punkalaidun FIN
Decathlon' One-Day	6 631	Xhonneux Frederic	11.05.1983	MEN	BEL		27.06.2015	Heiloo NED
Icosathlon	13 906	Kaseorg Indrek	16.12.1967	MEN	EST		12-13.09.1992	Punkalaidun FIN
Icosathlon One-Day	12 363	Xhonneux Frederic	11.05.1983	MEN	BEL		27.06.2015	Heiloo NED