

International Association for Ultra Multievents (IAUM)

Outdoor

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Categories

- TETRADECATHLON -

Official Order of Events

- 1, **WOMEN Under 14**
- 2, **WOMEN Under 16**
- 3, **WOMEN Under 18**
- 4, **WOMEN Under 20**
- 5, **WOMEN Under 23**
- 6, **WOMEN**
- 7, **WOMEN More 35**
- 8, **WOMEN More 40**
- 9, **WOMEN More 45**
- 10, **WOMEN More 50**
- 11, **WOMEN More 55**
- 12, **WOMEN More 60**
- 13, **WOMEN More 65**
- 14, **WOMEN More 70**
- 15, **WOMEN More 75**
- 16, **WOMEN More 80**
- 17, **WOMEN More 85**
- 18, **WOMEN More 90**
- 19, **WOMEN More 95**
- 20, **WOMEN More 100**

Records of

ASIA

- 1, **100 m Hurdles'**
- 2, **High Jump'**
- 3, **1 500 m**
- 4, **400 m Hurdles**
- 5, **Shot Put'**
- 6, **200 m'**
- 7, **100 m**
- 8, **Long Jump'**
- 9, **400 m**
- 10, **Javelin Throw'**
- 11, **800 m'**
- 12, **200 m Hurdles**
- 13, **Discus Throw**
- 14, **3 000 m**

Heptathlon'

Tetradecathlon

	<u>Perf</u>	<u>Athlete</u>	<u>DoB</u>	<u>Ctg</u>	<u>Nat</u>	<u>Flg</u>	<u>Date</u>	<u>Venue</u>
6, WOMEN								
1, 100 m Hurdles' (84 cm)	18,66	Moriwaki Lisako	22.10.1965	W 35	JPN	●	21.08.2004	Gateshead GBR
2, High Jump'	1.30	Moriwaki Lisako	22.10.1965	W 35	JPN	●	21.08.2004	Gateshead GBR
	1.30	Iwasaki Mayu	18.08.1984	U 23	JPN	●	13.08.2005	Aomori JPN
3, 1 500 m	5:36.19	Takahashi Fumie	27.02.1981	WOM	JPN	●	11.10.2014	Katsuura JPN
4, 400 m Hurdles (76,2 cm)	76,18	Takahashi Fumie	27.02.1981	WOM	JPN	●	13.08.2005	Aomori JPN
5, Shot Put' (4 kg)	8,67	Myeshita Juri	00.00.1993	WOM	JPN	●	13.08.2005	Aomori JPN
6, 200 m'	29,54	Takahashi Fumie	27.02.1981	WOM	JPN	●	13.08.2005	Aomori JPN
7, 100 m	14,41	Iwasaki Mayu	18.08.1984	U 23	JPN	●	14.08.2005	Aomori JPN
8, Long Jump'	4,28	Moriwaki Lisako	22.10.1965	W 35	JPN	●	22.08.2004	Gateshead GBR
9, 400 m	66,53	Takahashi Fumie	27.02.1981	WOM	JPN	●	14.08.2005	Aomori JPN
10, Javelin Throw' (600 g) ≥ 1999	31.60	Moriwaki Lisako	22.10.1965	W 35	JPN	●	22.08.2004	Gateshead GBR
Javelin Throw' (600 g) ≤ 1998		Vacant						
11, 800 m'	2:43.37	Takahashi Fumie	27.02.1981	WOM	JPN	●	14.08.2005	Aomori JPN
12, 200 m Hurdles (76,2 cm)	36,17	Iwasaki Mayu	18.08.1984	U 23	JPN	●	14.08.2005	Aomori JPN
13, Discus Throw (1 kg)	24.20	Moriwaki Lisako	22.10.1965	W 35	JPN	●	22.08.2004	Gateshead GBR
14, 3 000 m	12:20.22	Takahashi Fumie	27.02.1981	WOM	JPN	●	12.10.2014	Katsuura JPN
Heptathlon'	2 859	Moriwaki Lisako	22.10.1965	W 35	JPN	●	21-22.08.2004	Gateshead GBR
Heptathlon' One-Day		Vacant						
Tetradecathlon	5 392	Takahashi Fumie	27.02.1981	WOM	JPN	●	13-14.08.2005	Aomori JPN
Tetradecathlon One-Day		Vacant						