

International Association for Ultra Multievents (IAUM)

Outdoor

Updated by MS : 10.10.2013

Categories

- ICOSATHLON -

Official Order of Events

Records of

























BELGIUM

- 1, MEN Under 14
- 2, MEN Under 16
- 3, MEN Under 18
- 4, MEN Under 20
- 5, MEN Under 23
- 6, MEN
- 7, MEN More 35
- 8, MEN More 40
- 9, MEN More 45
- 10, MEN More 50
- 11, MEN More 55
- 12, MEN More 60
- 13, MEN More 65
- 14, MEN More 70
- 15, MEN More 75
- 16, MEN More 80
- 17, MEN More 85
- 18, MEN More 90
- 19, MEN More 95
- 20, MEN More 100

- 1, 100 m'
- 2, Long Jump'
- 3, 200 m Hurdles
- 4, Shot Put'
- 5, 5 000 m
- 6, 800 m
- 7, High Jump'
- 8, 400 m'
- 9, Hammer Throw
- 10, 3 000 m Steeplechase
- 11, 110 m Hurdles'
- 12, Discus Throw'
- 13, 200 m
- 14, Pole Vault'
- 15, 3 000 m
- 16, 400 m Hurdles
- 17, Javelin Throw'
- 18, 1 500 m'
- 19, Triple Jump
- 20, 10 000 m

Decathlon'

Icosathlon

6, MEN	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1, 100 m'	11,91	Decraene Wouter	22.09.1983	MEN	BEL		12.09.2009	Delft NED
2, Long Jump'	6,06	de Smedt Serge	01.06.1973	MEN	BEL		24.08.2013	Yeovil GBR
3, 200 m Hurdles (76,2 cm)	26,84	Decraene Wouter	22.09.1983	MEN	BEL		20.08.2011	Lisse NED
4, Shot Put' (7,26 kg)	11,31	de Smedt Serge	01.06.1973	MEN	BEL		18.09.2004	Delft NED
5, 5 000 m	16:04.39	Misplon Bert	01.01.1988	MEN	BEL		30.06.2012	Turnhout BEL
6, 800 m	1:54.99	Misplon Bert	01.01.1988	MEN	BEL		30.06.2012	Turnhout BEL
7, High Jump'	1,85	Michielsen Tom	21.01.1987	U 23	BEL		15.09.2007	Leiden NED
8, 400 m'	52.13	Misplon Bert	01.01.1988	MEN	BEL		30.06.2012	Turnhout BEL
9, Hammer Throw (7,26 kg)	31,31	Geypen Nico	17.01.1987	MEN	BEL		30.06.2012	Turnhout BEL
10, 3 000 m Steeplech. (91,4 cm)	9:48.75	Misplon Bert	01.01.1988	MEN	BEL		30.06.2012	Turnhout BEL
11, 110 m Hurdles' (106,7 cm)	16,95	Decraene Wouter	22.09.1983	MEN	BEL		13.09.2009	Delft NED
12, Discus Throw' (2 kg)	33,13	de Smedt Serge	01.06.1973	MEN	BEL		19.09.2004	Delft NED
13, 200 m	24,01	Decraene Wouter	22.09.1983	MEN	BEL		13.09.2009	Delft NED
14, Pole Vault'	4,20	Decraene Wouter	22.09.1983	MEN	BEL		21.08.2011	Lisse NED
15, 3 000 m	9:24.61	Misplon Bert	01.01.1988	MEN	BEL		01.07.2012	Turnhout BEL
16, 400 m Hurdles (91,4 cm)	61.15	Michielsen Tom	21.01.1987	MEN	BEL		01.07.2012	Turnhout BEL
17, Javelin Throw' (800 g) ≥ 1986	46.22	Geypen Nico	17.01.1987	MEN	BEL		01.07.2012	Turnhout BEL
Javelin Throw' (800 g) ≤ 1985		Vacant						
18, 1 500 m'	4:18.07	Misplon Bert	01.01.1988	MEN	BEL		01.07.2012	Turnhout BEL
19, Triple Jump	11.65	Michielsen Tom	21.01.1987	MEN	BEL		01.07.2012	Turnhout BEL
20, 10 000 m	35:15.07	Misplon Bert	01.01.1988	MEN	BEL		01.07.2012	Turnhout BEL
Decathlon'	5 242	Decraene Wouter	22.09.1983	MEN	BEL		12-13.09.2009	Delft NED
Decathlon' One-Day	4 658 h	Michielsen Tom	21.01.1987	MEN	BEL		25.05.2013	Helsinki BEL
Icosathlon	11 302	Misplon Bert	01.01.1988	MEN	BEL		30-01.07.2012	Turnhout BEL
Icosathlon One-Day	10 099 h	Michielsen Tom	21.01.1987	MEN	BEL		25.05.2013	Helsinki BEL