

International Association for Ultra Multievents (IAUM)

Outdoor

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Categories

- ICOSATHLON -

Official Order of Events

- 1, MEN Under 14
- 2, MEN Under 16
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- 4, MEN Under 20
- 5, MEN Under 23
- 6, MEN
- 7, MEN More 35
- 8, MEN More 40
- 9, MEN More 45
- 10, MEN More 50
- 11, MEN More 55
- 12, MEN More 60
- 13, MEN More 65
- 14, MEN More 70
- 15, MEN More 75
- 16, MEN More 80
- 17, MEN More 85
- 18, MEN More 90
- 19, MEN More 95
- 20, MEN More 100




























Records of

GREAT BRITAIN

- 1, 100 m'
- 2, Long Jump'
- 3, 200 m Hurdles
- 4, Shot Put'
- 5, 5 000 m
- 6, 800 m
- 7, High Jump'
- 8, 400 m'
- 9, Hammer Throw
- 10, 3 000 m Steeplechase
- 11, 110 m Hurdles'
- 12, Discus Throw'
- 13, 200 m
- 14, Pole Vault'
- 15, 3 000 m
- 16, 400 m Hurdles
- 17, Javelin Throw'
- 18, 1 500 m'
- 19, Triple Jump
- 20, 10 000 m

Decathlon'

Icosathlon

6, MEN	Perf	Athlete	DoB	Ctg	Nat	Flg	Date	Venue
1, 100 m'	11,08 ^{+2,8}	Folkes James	24.08.1988	MEN	GBR		24.08.2013	Yeovil GBR
	11,73	Ingham Rob	11.01.1985	U 20	GBR		21.08.2004	Gateshead GBR
2, Long Jump'	6,63	Heanley John	25.09.1980	U 23	GBR		23.09.2000	Hexham GBR
3, 200 m Hurdles (76,2 cm)	25,56 ⁺²⁶⁸	Folkes James	24.08.1988	MEN	GBR		24.08.2013	Yeovil GBR
	26,82	Ingham Rob	11.01.1985	U 23	GBR		25.08.2007	Jyväskylä FIN
4, Shot Put' (7,26 kg)	11,37	Clare Julian	13.09.1974	MEN	GBR		25.09.1999	Hexham GBR
5, 5 000 m	15:43.37	Hutchinson Michael	15.10.1965	MEN	GBR		23.09.2000	Hexham GBR
6, 800 m	2:00.32	Ingham Rob	11.01.1985	U 23	GBR		25.08.2007	Jyväskylä FIN
7, High Jump'	1,86	Clare Julian	13.09.1974	MEN	GBR		25.09.1999	Hexham GBR
	1,86	Heanley John	25.09.1980	U 23	GBR		23.09.2000	Hexham GBR
8, 400 m'	51,85	James Gary	05.04.1968	U 23	GBR		22.09.1990	Espoo FIN
9, Hammer Throw (7,26 kg)	35,49	Flitcroft Joseph	28.01.1991	U 23	GBR		24.08.2013	Yeovil GBR
10, 3 000 m Steeplech. (91,4 cm)	9:50.7h <i>h</i>	Hutchinson Michael	15.10.1965	MEN	GBR		25.09.1999	Hexham GBR
11, 110 m Hurdles' (106,7 cm)	16,39	Hunter Richard	12.01.1971	MEN	GBR		23.09.2001	Hexham GBR
12, Discus Throw' (2 kg)	35,16	Hunter Richard	12.01.1971	MEN	GBR		26.09.1999	Hexham GBR
13, 200 m	22,39 ^{+1,1}	Folkes James	24.08.1988	MEN	GBR		24.08.2013	Yeovil GBR
14, Pole Vault'	4,02	Heanley John	25.09.1980	U 23	GBR		24.09.2000	Hexham GBR
15, 3 000 m	9:17.7h <i>h</i>	Hutchinson Michael	15.10.1965	MEN	GBR		26.09.1999	Hexham GBR
16, 400 m Hurdles (91,4 cm)	58,44	Ingham Rob	11.01.1985	U 23	GBR		26.08.2007	Jyväskylä FIN
17, Javelin Throw' (800 g) ≥ 1986	55,15	Everard James	16.05.1981	MEN	GBR		22.08.2004	Gateshead GBR
18, 1 500 m'	4:22.55	Ingham Rob	11.01.1985	U 23	GBR		26.08.2007	Jyväskylä FIN
19, Triple Jump	13,04	Heanley John	25.09.1980	U 23	GBR		24.09.2000	Hexham GBR
20, 10 000 m	34:11.8h <i>h</i>	Hutchinson Michael	15.10.1965	MEN	GBR		24.09.2000	Hexham GBR
Decathlon'	5 997	Heanley John	25.09.1980	U 23	GBR		23-24.09.2000	Hexham GBR
Decathlon' One-Day	3 884	Walker Nicholas	24.02.1964	M 35	GBR		25.05.2003	Helsinki FIN
Icosathlon	12 025	Heanley John	25.09.1980	U 23	GBR		23-24.09.2000	Hexham GBR
Icosathlon One-Day	7 159	Walker Nicholas	24.02.1964	M 35	GBR		25.05.2003	Helsinki FIN