

# International Association for Ultra Multievents (IAUM)

Outdoor

Updated by MS : 13.09.2017

Categories

**- TETRADECATHLON -**

Official Order of Events

- 1, **WOMEN Under 14**
- 2, **WOMEN Under 16**
- 3, **WOMEN Under 18**
- 4, **WOMEN Under 20**
- 5, **WOMEN Under 23**
- 6, **WOMEN**
- 7, **WOMEN More 35**
- 8, **WOMEN More 40**
- 9, **WOMEN More 45**
- 10, **WOMEN More 50**
- 11, **WOMEN More 55**
- 12, **WOMEN More 60**
- 13, **WOMEN More 65**
- 14, **WOMEN More 70**
- 15, **WOMEN More 75**
- 16, **WOMEN More 80**
- 17, **WOMEN More 85**
- 18, **WOMEN More 90**
- 19, **WOMEN More 95**
- 20, **WOMEN More 100**

















Records of

**NETHERLANDS**

- 1, **100 m Hurdles'**
- 2, **High Jump'**
- 3, **1 500 m**
- 4, **400 m Hurdles**
- 5, **Shot Put'**
- 6, **200 m'**
- 7, **100 m**
- 8, **Long Jump'**
- 9, **400 m**
- 10, **Javelin Throw'**
- 11, **800 m'**
- 12, **200 m Hurdles**
- 13, **Discus Throw**
- 14, **3 000 m**

**Heptathlon'**

**Tetradecathlon**

6, <b>WOMEN</b>	<b>Perf</b>	<b>Athlete</b>	<b>DoB</b>	<b>Ctg</b>	<b>Nat</b>	<b>Flg</b>	<b>Date</b>	<b>Venue</b>
1, <b>100 m Hurdles'</b> (84 cm)	15,65	Jongmans Marjolijn	13.12.1977	WOM	NED		20.09.2003	Delft NED
2, <b>High Jump'</b>	1,69	Jongmans Marjolijn	13.12.1977	WOM	NED		20.09.2003	Delft NED
3, <b>1 500 m</b>	5:08,96	Hulsbeek Linda	17.12.1989	U 23	NED		20.08.2011	Lisse NED
4, <b>400 m Hurdles</b> (76,2 cm)	64,72	Jongmans Marjolijn	13.12.1977	WOM	NED		20.09.2003	Delft NED
5, <b>Shot Put'</b> (4 kg)	10,42	Smit Wendy	26.01.1990	U 20	NED		12.09.2009	Delft NED
6, <b>200 m'</b>	26,53	Bonnie Liefing	04.04.1995	U 18	NED		08.09.2012	Delft NED
7, <b>100 m</b>	13,14 +0,1	Janneke Berkhof	21.08.1986	WOM	NED		27.08.2017	Turnhout BEL
8, <b>Long Jump'</b>	5,14 +1,7	Janneke Berkhof	21.08.1986	WOM	NED		27.08.2017	Turnhout BEL
9, <b>400 m</b>	60,75	Jongmans Marjolijn	13.12.1977	WOM	NED		21.09.2003	Delft NED
10, <b>Javelin Throw'</b> (600 g) ≥ 1999	37,72	Fieke Cappendijk	05.03.1986	WOM	NED		14.09.2014	Delft NED
11, <b>800 m'</b>	2:24.58	Buijtenhek Susanne	06.07.1982	U 23	NED		21.09.2003	Delft NED
12, <b>200 m Hurdles</b> (76,2 cm)	30.30	Jongmans Marjolijn	13.12.1977	WOM	NED		21.09.2003	Delft NED
13, <b>Discus Throw</b> (1 kg)	33,22	van Haperen Yvonne	03.01.1979	WOM	NED		21.09.2003	Delft NED
14, <b>3 000 m</b>	11:47.60	Buijtenhek Susanne	06.07.1982	U 23	NED		21.09.2003	Delft NED
<b>Heptathlon'</b> Heptathlon' One-Day	4 283	Jongmans Marjolijn Vacant	13.12.1977	WOM	NED		20-21.09.2003	Delft NED
<b>Tetradecathlon</b> Tetradecathlon One-Day	8 779	Jongmans Marjolijn Vacant	13.12.1977	WOM	NED		20-21.09.2003	Delft NED